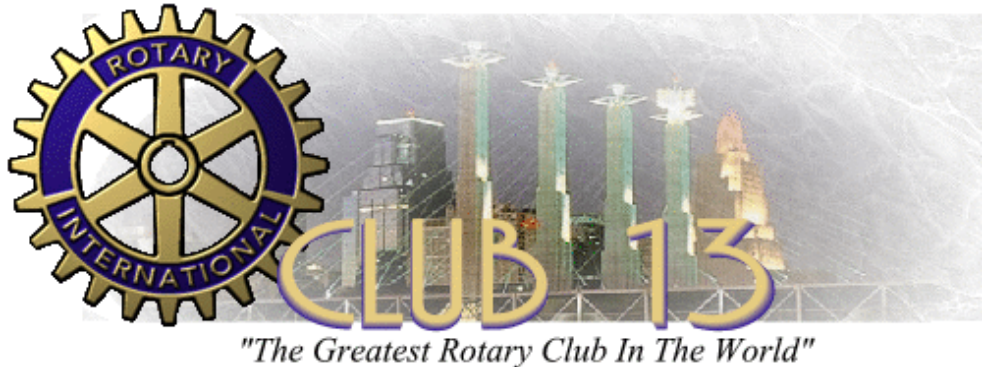


BUZZSAW

ROTARY CLUB 13
KANSAS CITY, MO



What's new at Rotary 13?

This Thursday, July 13, Rotarians **Phil Kinney** and **David McCaughey** will be giving demonstrations of our new business directory in the **Burgundy Room** (*right as you get off the escalator*) beginning at 11:00 a.m. and again after Rotary at 1:30 p.m.

Please drop in before or after Rotary to see what the buzz is all about!

CPR/AED Duty Schedule July 13, 2006

1. Leader— **Janet Ellis**
2. Compress — **George Heymach**
3. Ventil — **Terry De Fraties**
4. Defib — **Jan Canterbury**

COMMITTEE MEETINGS

(All meetings will be held in the Lido, Burgundy or Trianon E Rooms unless otherwise noted.)

July 13:

Membership Development

11:00 — Lido Room

Downtown

11:00 — Eisenhower Room

Youth Camp Association

11:00 — Nixon Room

Business Directory

(Note: location change)

11:00 — Burgundy Room

CPR/AED - Refresher Course

11:15 — Trianon E

July 20:

Camp Enterprise

11:00 — Harvest Room

R.I. Foundation

11:00 — Reserved table in Count Basie Ballroom

Community Service

11:00 — Reserved table in Count Basie Ballroom

Thursday's Meeting



July 13, 2006

"RARE VISIONS AND ROADSIDE REVELATIONS" RANDY MASON, PRODUCER, KCPT



Since 1984, Randy Mason has worked at KCPT as a reporter, producer, writer and host of series including "Kansas City Illustrated" and "KCPT Marquee." He's been involved in numerous documentaries with writer C.W. Gusewelle, including "This Place Called

Home," "Water & Fire: A Story of the Ozarks," and "Stones Under the Stone."

In 2000, he produced the area's first long-form, high-definition series—a five-part history of the arts called "Uniquely Kansas City,"

As co-producer with Michael Murphy of the offbeat art and travel series "Rare Visions & Roadside Revelations," he's been recognized with 10 regional Emmy awards. The show is syndicated to PBS stations around the country and was recently purchased for broadcast in Indonesia. In 2004, he and Murphy received a National Emmy for their work on the documentary "Be Good, Smile Pretty."

Muehlebach Hotel

/ 12:00 NOON /

Trianon Room



Invocation:
Victor Hogstrom



Welcome:
Jim Brenneman

GREETERS: Members of our Invocation Committee will serve as our greeters.

UPCOMING MEETINGS/EVENTS:

July 20 — Count Basie C Ballroom at the Marriott
Joe Posnanski, sports columnist,
Kansas City Star

July 27 — Frank Delaney, BBC Reporter and author

August 3 — Timothy Gallagher, Supervisory Special Agent, FBI will speak on "Identify Theft and Other White Collar Crimes"

August 10 — District Governor's Annual Visit — John Gooch



BUZZ SAW

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 Chuck Vogt, President-Elect
 Jerry Clark, Secretary-Treasurer
 Tom Terry, Past President
 Janet Ellis, Executive Director
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 John Gooch Governor, District 6040

Jim Holmberg Chair
 Bill Poquette Editor
 Jerry Crabtree Photographer
 Bob Weir Staff Artist

LAST THURSDAY --
June 29, 2006



by
 Mike Tarry

What a party! If I've learned anything during my relatively brief time as a member of Rotary Club 13 it's that we have the best parties of any group in town. (Or maybe I'm just not being invited anywhere else!) In any event, our annual Changing of the Guard meeting last Thursday evening at the Pavilion at Arrowhead was the best ever.

Greeting everyone as they entered the Pavilion were new President **Rick Halterman** and wife Kitt; Immediate Past President **Tom Terry** and wife Keely; President-elect **Chuck Vogt**; and Directors **Steve Burger** and wife Delores, **Fred Drummond**, **Peter Ho** and wife Lois, **Rusty Macy** and Kathy, **Diane Scott** and Dennis McKeenan. Treasurer **Jerry Clark** and Director **Myron Sildon** were absent. And what's a Rotary 13 gathering without the traditional cocktail hour along with a special tour down memory lane and the Chiefs

History Wall.

Starting off the formal part of the meeting with some brief remarks, new President **Rick** introduced and recognized new board members and paid tribute to outgoing members including Past President **Sally Bibb**, Secretary/Treasurer **Ford Nelson**, **Chris Boland**, **Jan Canterbury** and **Ron Trachsel**.

As usual the highlight of the evening was the "passing of the gavel" from Immediate Past President **Tom Terry** to new President **Rick Halterman**, along with the President's Pin.

Dinner was served to the background music of the **Chuck Eddy Band** and was followed by dancing. A good time was had by all and the future looks bright under the leadership of President **Rick Halterman**.

Camp Enterprise 2006 – Are You Our volunteer?



We are getting very excited for Camp Enterprise 2006. The Camp Enterprise Committee has been busy making sure everything will be ready for


the Kansas City youth as they descend upon the Rotary Youth Camp this Sept. 9-10. Rotary Club member **David McCaughey** has created our very first website as well. If you have never been or want to remind yourself about what goes on at this camp, go to the web and type: <http://campenterprise.rotary13.org>

The mission of Camp Enterprise is to provide a weekend educational retreat to introduce high school students to an understanding of the dual role of business in our community and in our society. This camp first came into existence in 1977 by local leaders in our Downtown Kansas City Rotary Club 13. We have helped over 2,000 students throughout the metropolitan area to become good citizens through this experience.

But we cannot do any of these activities without the help of you as our volunteer. If you have been in the club for any length of time, you have most likely helped out, whether it was helping prepare the food or working directly with the youth. You know the value this creates for these young adults. This year will be no different. In fact we are expecting such a large turnout, registration has had to be cut off because of concern on space constraints. We are expecting in excess of 100 students this year and **your help is needed**.

You will be hearing more about this in the coming months, but if you can help, even for just one of the days, please let us know. You can contact Chairman **Alan Corbet** at 816-392-2758 or abcobret@sbcglobal.net or Volunteer Coordinator **Paula Willett** at 816-412-1704 or pwillett@dfckc.com.

Have you remembered the Rotary Club Foundation with a contribution?



YOU ARE A ROTARIAN BECAUSE
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Every Rotarian, Every Year

The goal is for each Rotarian to contribute a minimum of \$100 annually to the Annual Giving Programs of The Rotary Foundation.

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JOHN REYNOLDS

Ukraine Service Trip Report

Twelve people left the country on May 18 to work on Club 13 and District 6040 sponsored projects in Ukraine. The city is Dneprodzerzhinsk (Dnepro), which is about 250 miles southeast of Kiev, the capital.

The group was greeted at the Kiev airport by Oleg and Vera, friends of **Bob Lager**, for a weekend of sightseeing and getting acquainted with Ukrainian culture. We visited the Lavra, a walled monastery with gold-domed churches and wonderful gold icons and art, the Chernobyl museum, the gold domed and gold icon filled churches of Saints Sophia and Vladimir, the microminiature museum of Art Master Mykola Syadistry (that we hope to bring to Kansas City), the European exhibition, the botanical garden filled with blooming lilacs, tulips and thousands of people, and many "drive-by" sights. Having the dinner menu interpreted was always an adventure.

On Monday morning we were met at our hotel by Zoya, our interpreter, Sasha and Vladimir, Rotarians and Bob's friends, for the trip to Dnepro.

Projects in Dnepro were for the baby orphanage and the state technical university. We were to redo the "winter walking room," or winter play room, for the orphanage and two rooms for student meetings and computer access at the university. Why these kinds of projects? Because money for such things is in very short supply, in a government that is in transition from totalitarian communism to a democratic system. Both projects were completed to our satisfaction. In addition our Rotarian resident artist, **Bob Weir**, did a mural of Mother Goose characters in an outdoor shelter on the orphanage grounds. **Tom Davidson**, Club 13 member, gave money for "something special" for the orphanage. When the groundskeeper was seen cutting the grass with an old, old scythe, the choice was obvious—a weed eater with 50 meters of electric cord. When it was given to the man, he had tears in his eyes. (Photo shows the groundskeeper in action.)



We also had time to enjoy the opera "Carmen" in Dnepropetrovsk, an outdoor exhibition of Cossack horsemanship, bull whip artistry, (**Dick Retrum** was a star—or foil—of that) and folk dancing, and attend the changing of the guard party of the local Rotary club, featuring dinner of roast pigs, vodka toasts and folk music by Rotarian, guitarist/singer Sasha Guba.

An unexpected visit with the new Mayor of Dnepro became an opportunity for city and Rotary cooperation. He is a business man, not a communist. He said that the city needed to work closely with the local club on projects and a meeting to that end is scheduled in the near future. An added plus to that is that the vice-mayor for cultural affairs is an old friend of Bob's and she wants to do a project about Kansas City.

A stop at the folk art "factory" in Petrikovka was mandatory, where we were able to buy the beautiful pictures, eggs, wooden plates and boxes and meet the artists.

We left Dnepro on May 31 to stay overnight in Kiev for the return home early on June 1.

We left behind completed projects and many new friends, but carried back memories that will last a long time.

The group was **Bob Weir**, **Dick Retrum** and Carol, **Alan Warne** and Joan, **Al Tikwart**, Dick Helmuth and Isabel, Bruce Rennie, Bev Harris, Louise Glotzbach and **Bob Lager**.



Alan Warne, Al Tikwart and Bev Harris with the orphans.



Carol and **Dick Retrum** demonstrating blowing bubbles to the children as Bev Harris looks on.



Bob Weir along side the finished mural.

The KC Rotary Club Foundation needs your support!

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WATER OR COKE ??

This is really an eye opener.... water or Coke?

We all know that water is important but read on...

WATER

1. 75% of Americans are chronically dehydrated.
2. In 37% of Americans, the thirst mechanism is so weak that it is often mistaken for hunger.
3. Even MILD dehydration will slow down one's metabolism as much as 3%.
4. One glass of water will shut down midnight hunger pangs for almost 100% of the dieters studied in a University of Washington study.
5. Lack of water is the #1 trigger of daytime fatigue.
6. Preliminary research indicates that up to eight glasses of water a day could significantly ease back and joint pain for up to 80% of sufferers.
7. A mere 2% drop in body water can trigger fuzzy, short-term memory, trouble with basic math, and difficulty focusing on the computer screen or on a printed page.
8. Drinking five glasses of water daily decreases the risk of colon cancer by 45%, plus it can slash the risk of breast cancer by 79%, and one is 50% less likely to develop bladder cancer.

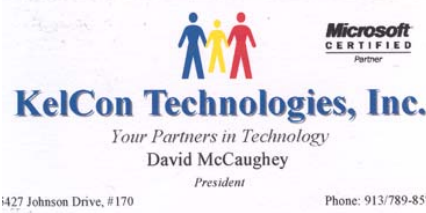
And now for the properties of **COKE/DIET COKE:**

1. In many states (in the USA) the highway patrol carries two gallons of coke in the truck to remove blood from the highway after a car accident.
2. You can put a T-bone steak in a bowl of Coke and it will be gone in two days.
3. To clean a toilet: Pour a can of Coca-Cola into the toilet bowl and knobs and let the "real thing" sit for one hour, then flush clean. The citric acid in Coke removes stains from vitreous china.
4. To remove rust spots from chrome car bumpers: Rub the bumper with a rumpled-up piece of Reynolds Wrap aluminum foil dipped in Coca-Cola.
5. To clean corrosion from car battery terminals: Pour a can of Coca-Cola over the terminals to bubble away the corrosion.
6. To loosen a rusted bolt: Apply a cloth soaked in Coca-Cola to the rusted bolt for several minutes.
7. To remove grease from clothes: Empty a can of coke into a load of greasy clothes, add detergent and run through a regular cycle. The Coca-Cola will help loosen grease stains.
8. It will also clean road haze from your windshield.

For Your Info:

1. The active ingredient in Coke is phosphoric acid. Its pH is 2.8. It will dissolve a nail in about four days. Phosphoric acid also leaches calcium from bones and is a major contributor to the rising increase in osteoporosis.
2. To carry Coca-Cola syrup (the concentrate), commercial trucks must use the hazardous material placards reserved for highly corrosive materials.
3. The distributors of Coke have been using it to clean the engines of their trucks for about 20 years! Now the question is, would you like a coke or a glass of water?

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BINGO PRIZES NEEDED!

Your Entertainment Committee is in the planning stages for this year's Family Picnic at the camp. It's scheduled to take place on **Wednesday, Aug. 30**. One event everyone looks forward to is playing BINGO after the picnic dinner. The reason this is such a popular game is due to the wonderful prizes donated by Rotarians and made available to the winners of each round of bingo.

Now is the time for you to consider what you can offer as a gift. Please contact Janet or Marilyn in the Rotary office to let them know about the prizes you are offering. Arrangements will be made to pick them up from you location. This year's picnic is shaping up nicely. It should be a great family night for our club. B.....4 you plan anything else this summer....plan to play bingo on **Wednesday, Aug. 30**. See you at the camp.

Andrew S. Beyer, D.M.D.

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